



Region IV Interclub 2016



January 23-24, 2016
Joel Steele Community Centre
577 Main Street
Winchester, Ontario



Sanctioned by:

REGION IV INTERCLUB
January 23-24, 2016
WINCHESTER SKATING CLUB
SANCTIONED BY SKATE CANADA EASTERN ONTARIO
Joel Steele Community Centre
577 Main St, Winchester, ON

GENERAL REGULATIONS

General

Skate Canada rules and regulations will apply throughout the competition except where otherwise provided in this Announcement. Rule amendments passed at Skate Canada ACGM as well as changes which may be made in ISU regulations and which are applicable to Skate Canada sanctioned competitions shall also apply. See Rule 1602 (8) (a) & (b). Rule numbers throughout are from the 2002 Rulebook using 2001 through to 2014 amendments. The nature of the Event is defined in the Skate Canada Technical Handbook.

The Host Committee reserves the right to alter the overall procedures to be followed during any part of the competition, provided such alteration is considered to be in the best interest of the skaters or the Association. The Technical Representative, Chief Referee, or Senior Referee present will be the agent of the Association in such an instance.

Eligibility

- All skaters must be eligible persons as defined in Skate Canada Rule Book Section 2100.
- All Skaters must be Registrants in good standing of the Association.
- All Skaters must be a member in good standing of one of the following skating clubs:
Athens FSC, Brockville FSC, Char-Lan FSC, Cornwall FSC, CPA Hawkesbury FSC, Kemptville SC, Lanark FSC, Long Sault SC, Morrisburg & District SC, Perth FSC, Prescott FSC, Rideau Lakes FSC, Spencerville SC, Vankleek Hill SC, Winchester SC Inc.
- Competitors wishing to enter shall have passed the appropriate badges/test qualifications for relevant events by ***15 November 2015***
- Skaters must be 18 years age or younger by ***15 November 2015***.
- Couples and Team event skaters must be comprised of skaters from the same home club.
- Current certified Skate Canada Coaches are not permitted to compete at Interclub Events; with the exception, of CanSkate or Level 1 NCCP Trained/Certified coaches who meet the following criteria:
 - age criteria above,
 - are registered as a Skater with Skate Canada as their primary activity, and
 - are currently registered in a Skating Club program within the Interclub grouping.
- Skaters registered for Sectionals held in November 2015 at the Pre-Novice Level or higher must default to Gold or Open Level events, whichever holds the higher test requirement for the category. Pre-Juvenile and Juvenile competitors must default to their test equivalency or STARSkate test level passed, whichever is higher.

Accidents/Liability

Skate Canada, Skate Canada Eastern Ontario and the Host Committee accept no liability for bodily or personal injury, or for property loss or damage incurred by participants and officials. As a condition of, and in consideration of, their entries in the competition, all participants and their parents or guardians, shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by, or connected with, the conduct and management of the competition and to release any and all claims they may have against the officials, Skate Canada, Skate Canada Eastern Ontario and the Volunteer Team and their officers and their entries shall be accepted on these conditions.

Use of an Individuals Likeness or Performance

Any person who enters competitions, either sanctioned by the Association or under the control and/or supervision of the Association, or who takes Association tests, by entering such competitions or by taking such tests, grants to the Association the right to use, in such form and for such time period as the Association may, in its sole discretion choose, without payment of any fee or charge, any photographs, images, likenesses, videotapes or any other recordings or reproductions of the person or his/her performance for the purpose of furthering the objectives of the Association, including, without limiting the generality of the foregoing:

- For the training, education and development of skaters, coaches and officials; and
- For Association promotional purposes.

Club Contacts

All entry forms should be turned into your home club contact person and sent as a club package to the Competition Registrar, Wendy Crober. A schedule and confirmation for all skaters will be sent directly to the club contact address. The contact person from each club is responsible for distributing information to skaters, parents and coaches in their club.

Entry Forms

- Entry forms, including all required supporting documentation, must be completed in FULL or they will be returned unprocessed.
- Individual entry forms are to be accumulated by one point of contact designated by the participating club and submitted to **Winchester Skating Club Competition Registrar, Wendy Crober**.
- All club entry packages must be received by **Competition Registrar, Wendy Crober**, with entry fees and supporting documentation where required, no later than **Dec 11, 2015** regardless of postmark or courier date.
- Faxed or telephone entries will NOT be accepted.

Entry Fees

\$ 25.00 - CanSkate Elements

\$ 30.00 - STAR 1-4 Singles Events

\$ 30.00 - Individual Elements

\$ 5.00 per skater - Team Elements

\$ 10.00 per skater - Couples Interpretive

\$ 10.00 - Creative Skills

\$ 10.00 - Solo Dance

\$ 5.00 per skater - Showcase

- Entry fees are payable with the entry form.
- Post-dated cheques will NOT be accepted.
- Entry form(s) and entry fees must be received no later than **Dec 11, 2015** regardless of postmark or courier date.
- **Each club will submit one cheque for the total amount of entries for their entire club.**

Please make cheques payable to **WINCHESTER SKATING CLUB** and mail it with completed entry forms to:

WINCHESTER SKATING CLUB
c/o Wendy Crober, Competition Registrar
Box 822, Winchester, ON K0C 2K0
Tel: 613-774-1623
wscfsregistrar@bell.net

Returned Cheques:

"A \$ 25.00 administration fee will be applied to cheques returned by your bank. The amount of the returned cheque and the \$25.00 administration fee must be paid in cash or by a certified cheque, bank draft, money order or similar form of guaranteed payment prior to the skater being permitted to compete."

NOTE: No skater will be permitted to skate until all money owing, including fees for NSF cheques, are properly paid upon registration at the arena on the day of the competition.

Refunds and Withdrawals:

"Refunds will be given for any cancelled event(s) or if the entry is withdrawn prior to Dec 11, 2015.

After Dec 11, 2015, refunds will be given for medical reasons only, providing the Competition Registrar is notified of the medical withdrawal prior to the start of the event and if the Registrar receives a medical certificate by March 1, 2016. An administration fee of \$25.00 per event will be charged for medical withdrawals."

Event Specifications

- Skaters are permitted to **"skate up" one level** – they may enter an event one level above the level for which they are currently qualified, except where prohibited by category description. **Skaters may enter one of these levels but not both.**
- Skaters who registered for Sectionals in Dance at Pre-Juvenile or higher may not enter Solo Dance categories.
- Entries will be accepted on a first come, first serve basis once all required information and fees have been received.
- Late entries will be accepted at the discretion of the Host Committee in consultation with the Technical Representative.
- The Technical Representative reserves the right to categorize flights and limit the number of entries in any event.

Cancellation of Events

- An event will be cancelled if only one skater has entered. Entry fees will be refunded if an event is cancelled.
- The Technical Representative may combine two or more categories in the same event when each category has fewer than three entries or one category has insufficient entries to hold the event. In each case, the categories may only be combined with full prior knowledge and agreement of all competitors affected; however, male and female categories **cannot** be combined.

Protective Equipment – Helmet Policy

The Skate Canada Helmet Policy is to be strictly adhered to: "All Skate Canada member clubs and skating schools **must** ensure that participants up to and including Stage 5 wear a CSA approved hockey helmet while on the ice – this policy **must** be enforced during competitions". Skaters/teams will NOT be penalized for the use of helmets during competition. Regardless if the skater has passed Stage 5 at the time of competition, if the skater is participating in a Stage 5 category or lower the skater must wear a helmet.

Registration

- Skaters are to register at least one hour prior to the scheduled start of his/her event. Music (where applicable) must be registered at this time as well.
- The Host Committee reserves the right to start an event up to one-half hour prior to its' scheduled start time.

Music

All Music used must be in the public domain or covered by the Performing Rights Society.

Teams that have music composed especially for their programs, either in whole or in part shall be responsible for obtaining a written release from the composer for the use of such music on radio and television, or appropriate clearance from the Performing Rights Society.

- Music **must be registered** at Music Registration **at least one hour prior to the event.**

- Each skater is required to supply his/her own music.
- Solo Dance – Series 8 music will be used for warm-up. Four minute warm-up, first minute no music, then the following three minutes Series 8. **Skaters selecting music from the Skate Canada contemporary list, must provide their own copy at time of registration clearly marked with name of Dance being competed.**
- If a skater wishes to supply his/her music on a CD, the following directions should be followed:
 - Two copies of the CD must be supplied, each clearly marked with the skater’s name, category and whether it is the “master” or “copy”.
 - The selection of music must be an entire track on the CD. The operator of the music equipment will NOT be responsible for fading a selection in or out. There must only be ONE track on the CD.
- Skaters may pick up their music at the music registration desk one-half hour after completion of the event.
- Optional background music for CanSkate Challenge and Elements will be provided by the host committee.

Coaches

In order to receive accreditation at the competition, all coaches must meet the standards for coaches set out in Rule 2402 and 2408 as outlined below. Coaches must wear their Professional Coach Membership Card at all times.

Coaches must:

- Be NCCP Coach – Primary STARSkate Certified (Level 1) minimum.
- Be a current coaching member of Skate Canada.
- Hold a valid First Aid Certificate.
- Register in person and show their Professional Coach Membership Card which includes their picture.

Marking

Results will be determined using Assessed to Standard or CPC Judging. Result sheets will NOT be available for sale.

Awards

- Medals and/or Ribbons will be presented in accordance with the regulations set out in the Skate Canada Event Management Handbook. Medals will NOT be awarded for exhibitions.
- CanSkate Challenge Events **must not** be awarded traditional podium presentations; they will be awarded Gold, Silver, Bronze or Merit Level certificates indicating their overall performance. Medals **are not** to be awarded and results **are not** to be announced or posted.
- STAR categories that are “Assessed to Standard” without rankings **must not** be awarded traditional podium presentations; they will be awarded Gold, Silver, Bronze or Merit Level certificates and/or ribbons indicating their overall performance. Medals are **not** to be awarded and results are **not** to be announced or posted.
- Award presentations *location and times will be posted in the arena* on the day of the event.
- Skaters must be in skating attire for award presentations.

Club Points - Club points will be awarded as follows:

Assessed to Standard	Overall Performance Level			
	Gold	Silver	Bronze	
Each Skater	3	2	1	
Assessed to Standard with Ranking	Placing			
	First	Second	Third	Fourth
Two	2	1		
Three	3	2	1	
Four or more	5	3	2	1

GENERAL INFORMATION

Admission

- FREE

Camera & Video Policy

Skate Canada-Eastern Ontario adopts Skate Canada's policy on the use of cameras at Section skating competitions:

- Ticket holders are only permitted to use cameras or video cameras at an event for personal use only.
- Taping of athletes/teams other than family members without express written permission from the parent/guardian/age of majority athlete is prohibited.
- Taping of entire flights and/or events is not permitted.
- The camera's lens must not be larger than 200mm.
- No flash photography is allowed.
- Any resale of photography or video is strictly prohibited.

Media Policy

Individuals wishing to obtain appropriate accreditation should contact:

Barb Menard at winchesterskatingclub@live.ca at least two (2) weeks prior to the event.

Individuals will need prior approval to attend and photograph skaters at Section events. Accredited individuals will be given access to the boards, the location to be at the discretion and under the direct supervision of the Tech Rep for the event. Accredited individuals will not interfere with coach skater communications during warm-up periods. Pictures of skaters and or coaches will not be allowed prior to or after the performance. Any written complaints of interference will result in the loss of accreditation for future events.

The following is a guideline for appropriate accreditation:

- Individuals from News media must submit appropriate accreditation for review
- An individual representing skating club parents must submit written permission from these parents with request.
- Pictures of skaters will not be made available for sale.

Ice Dimensions: 85 ft X 185 ft

Registrar for this event: Wendy Crober, 613-774-1623, email – wscfsregistrar@bell.net

Competition Chair: Barb Menard, 613-294-4424, email - winchesterskatingclub@live.ca

Directions to Arena: go to www.arenamaps.com and search Winchester Community Centre

Hotel Accommodation:

McIntosh Country Inn 12495 County Rd. 2 Morrisburg, ON 613-543-3788

Competition Schedule

The competition schedule will be emailed to the participating clubs two (2) weeks prior to the competition. A copy will be provided on the host club website www.winchesterskatingclub.com

Amenities Available:

2 snack areas (one downstairs and one upstairs)

Photos of Skaters' Events

Flowers

Raffle table

St. Johns Ambulance service

Skating apparel

Program - \$2.00

Wheelchair access

TECHNICAL INFORMATION

Addendum A: CanSkate Challenge

- CanSkate Singles – Elements in Isolation
- Introductory Showcase (CanSkate Category) included in Addendum B Details

Addendum B: Events

- STAR 1-4 Singles Events
- Individual Elements
- Team Elements
- Couples Interpretive
- Creative Skills
- Solo Dance
- Showcase

ADDENDUM “A”– CANSKATE CHALLENGE

CANSKATE ELEMENTS

General: In support of Skate Canada’s on-going implementation of the *Long Term Athlete Development Model (LTAD)*, the CanSkate element event has been formatted to introduce participants to the “competition” component of sport while providing them with the opportunity to showcase their skills in a fun and interactive environment. The focus of the event is on individual skill improvement and therefore performances are not ranked.

Music: Background music should be played throughout the entire event. Volume should be adjusted so that skaters and coaches are able to communicate without disruption.

Category Specifications: Results will be tabulated for each individual separately. Skaters do not compete against each other for a ranking since awards are based on performance standards alone.

Technical Information: The participants will complete elements according to their category. Each category will complete one round consisting for four elements. Within the round, skaters will execute each required element (in isolation) once. The required elements are defined as follows:

EVENT #	LEVEL	TESTING PREREQUISITES	REQUIRED ELEMENTS
1	Optional Elements Stage 3	Must have passed Stage 2 but not the complete Stage 3 badge.	-Fwd circle thrusts (CW or CCW – skater’s choice) -Bwd 2-ft jump -2-ft quick turn fwd to bwd & bwd to fwd (CW or CCW, skater’s choice) -Bwd 2-ft sculling
2	Elements Stage 4	Must have passed Stage 3 but not the complete Stage 4 badge.	-Bwd circle thrusts (CW or CCW – skater’s choice) -Bwd 360 step turn (CW or CCW – skater’s choice) -2-ft jump fwd to bwd & bwd to fwd (CW or CCW – Skater’s choice) -Fwd inside slalom
3	Elements Stage 5	Must have passed Stage 4 but not the complete Stage 5 badge.	-Fwd 2-ft side stop (CW or CCW – skater’s choice) -Bwd push/glide sequence, full perimeter (CW or CCW – skater’s choice. -Fwd power jump -Fwd crosscuts – figure 8
4	Elements Stage 6 Figure	Must have passed Stage 5 but not the complete Stage 6 badge.	-Fwd 1-ft side stop (L or R – skater’s choice) -Bwd perimeter skating with crosscuts (CW or CCW – determined by draw) -Fwd 180 step turn (Mohawk) (RFI-LBI or LFI-RBI – skater’s choice) -Fwd outside edges

Standards of performance: The desired performance standard for each element is defined by three levels: Gold, Silver and Bronze. Each performance level consists of three features. To achieve a Bronze, Silver or Gold award level on any element, the skater must demonstrate the first (bolded) feature at or above that level and they must demonstrate at least one other feature of the element at or above the award level. When at least a Bronze level is not achieved for an element, the skater is awarded a “merit” level. Performance standards are measured in proportion to the skater’s age, size, and physical strength. Example: A smaller 6-year old skater and a taller 8-year old skater may each receive “Excellent” for the speed demonstrated in an element even though the 8-year old performed the skill at a much faster speed.

Conduct of the event:

Warm-up groups: Skaters will complete the competition in warm-up groups of no more than six skaters. The skating order within each warm-up will be the order in which each skater will complete the four elements.

Warm-up Time: Each group is awarded a three-minute warm-up at the beginning of the competition. Between each element, skaters will return to the area designated as a warm-up space to work on the required elements on a circuit.

Execution of each element: Within each warm-up group, skaters execute one attempt at each element. All skaters in the group must complete their attempt at the element before the next element in the round is started for any skater. Each warm-up group of competitors must complete all elements of the stage before the next warm-up group can begin.

Progression through the event: After each element attempt the skater must return to the designated warm-up area to practice elements on the circuit.

***Note:** Two to three additional coaches or PAs should be stationed in the designated warm-up area to facilitate practice on the circuit and help move traffic in and out of the competition area ensuring the correct skating order is maintained. These individuals must remain conscious of the event schedule while rotating the skaters in and out of the practice area.

Event Schedule: Any two warm-up groups can compete at the same time with different judging panels. Every six attempts at an element for a group of six skaters takes approximately six minutes. Allowing for full warm-up time (three-minute initial warm-up), the time required for a six participant group is approximately 20 minutes.

Start Orders: Start Orders are to be available for the Ice Captain/Dressing Room Attendant, Assessment Panel and one on-ice Coach per group.

Results Calculation: For each category, the overall performance award given is the total of the individual element award levels defined as follows:

GOLD: At least two elements at the Gold level and no element lower than the Silver level,

SILVER: At least two elements at the Silver level and no element lower than the Bronze level,

BRONZE: At least two elements at the Bronze level.

Off-Ice Requirements: Two volunteers should be designated as ice captain and dressing room attendant to oversee the traffic between warm-up groups and help ensure the schedule remains on time. One additional volunteer is required to act as “data specialist”. This individual must collect the individual scoring standards sheets after each warm-up group has finished. The overall achievement level must be confirmed based on the feature levels and resulting performance standards awarded for each element (as described in the “Results Calculation” section above”).

Event Officials: The event is officiated using a collaborative assessment panel (i.e. decisions are made based on discussion and consensus of the group). The determination of an award level for each element is determined by consensus of the assessors and based on each element’s three performance factors.

Each assessment panel will include three “assessors” (Note: It is not necessary to bring in certified officials for this type of event. Coaches and PAs may take on the role of “assessor” for the purpose of the CanSkate competition). The panel must include at least one NCCP CanSkate certified coach or higher. One member of the panel is indicated as the referee and the other the scribe (see duties below). The individual identified as the referee must be a minimum of NCCP CanSkate coach certified or where a certified official might be utilized, an official.

Duties of Officials: In addition to the general duties of officials for all events, the following outlines the duties of the assessors in an element event:

Referee: Manage the communication with participants to ensure that the flow of element execution is maintained, lead any necessary discussion with other official(s) to determine the consensus decision on the success of the element

- Provide visual indication (where applicable) as to the success of the element attempted, verify and authorize the calculation of the interim and final results
- Be available to answer any questions following the event as to the assessment of the officiating panel

Scribe:

- Maintain written record of each element attempt and its assessment on each skater's performance standards sheet.

Publication of Results: The final results should be documented on each skater's individual scoring standards sheet. A certificate indicating the award level achieved is provided to each participant along with their individual scoring standards sheet. *Result page set-up front to back: certificate of achievement on the front and individual scoring standards sheet used by the officials on-ice on the back. Certificates should be filled in electronically by the event organizers prior to the start of the event with the skater's name, event date and location. Upon completion of the event, the individual acting as "data specialist" will handwrite the award achieved on the certificate.

ADDENDUM “B” – EVENTS

STAR SINGLES EVENTS

SKATERS WHO REGISTER FOR STAR 1-4 SINGLES MAY NOT REGISTER FOR INDIVIDUAL ELEMENTS

- Skaters may enter only **ONE OF** STAR 1-4 Singles. Clubs are on their honour to ensure that skaters register in the event that is consistent with other Events/Invitationals their skaters have registered for or participated in.
- Test Qualifications as of November 15, 2015
- Age Qualification as of July 1, 2015
- **TECHNICAL:** As listed in the 2015-2016 Skate Canada STAR 1 to 5 Technical Package.

EVENT #	LEVEL	QUALIFICATION
5	STAR 1	May not have passed any part of the Senior Bronze Free Skating Test (Geared to those skaters who have not mastered more than 3 single jumps) Skaters are assessed to Standard. Skaters may be grouped by age. Male and Female may be grouped together.
6	STAR 2	May not have passed any part of the Senior Bronze Free Skating Test. (Geared to skaters who have not yet mastered more than five different single jumps) Skaters are assessed to Standard. Skaters may be grouped by age. Male and Female may be grouped together.
7	STAR 3	May not have passed any part of the Senior Bronze Free Skating test (Geared to those skaters who have not yet mastered double jumps) Skaters are assessed to standard. Skaters may be grouped by age. Male and Female may be grouped together.
8	STAR 4 GIRLS U10	May not have passed any part of the Senior Bronze Free Skating Test (Geared to those skaters who have not yet mastered double jumps) Skaters are assessed to standard and ranked.
9	STAR 4 BOYS U10	May not have passed any part of the Senior Bronze Free Skating Test (Geared to those skaters who have not yet mastered double jumps) Skaters are assessed to standard and ranked.
10	STAR 4 GIRLS U13	May not have passed any part of the Senior Bronze Free Skating Test (Geared to those skaters who have not yet mastered double jumps) Skaters are assessed to standard and ranked.
11	STAR 4 BOYS U13	May not have passed any part of the Senior Bronze Free Skating Test (Geared to those skaters who have not yet mastered double jumps) Skaters are assessed to standard and ranked.
12	STAR 4 GIRLS 13 & OVER	May not have passed any part of the Senior Bronze Free Skating Test (Geared to those skaters who have not yet mastered double jumps) Skaters are assessed to standard and ranked.
13	STAR 4 BOYS 13 & OVER	May not have passed any part of the Senior Bronze Free Skating Test (Geared to those skaters who have not yet mastered double jumps) Skaters are assessed to standard and ranked.

ELEMENTS EVENTS

Refer to the Skate Canada Supplementary STARSkate Events – Program Requirements and CPC Event Procedures Package for element requirements.

INDIVIDUAL ELEMENTS

- Each skater will perform four elements in isolation in the order listed for their level of competition.
- Each element may only be attempted once.
- STAR 1 to Sr. Bronze events may use half of the ice to perform their elements - at the discretion of the Tech Rep for scheduling purposes.
- Jr. Silver to Gold events will use full ice.
- Men and Women MUST compete separately.
- All spin elements will be assessed as Base Level regardless of content.
- STAR 1 to 3 are Assessed to Standard.
- STAR 4 to Gold/Open are Assessed to Standard with Ranking.

SKATERS WHO REGISTER FOR STAR 1-4 SINGLES MAY NOT REGISTER FOR INDIVIDUAL ELEMENTS

EVENT 3	LEVEL	ELEMENT 1	ELEMENT 2	ELEMENT 3	ELEMENT 4
14	STAR 1	Waltz Jump	Salchow	Toe Loop	Forward Spiral Sequence
15	STAR 2	Loop	Waltz-Toe-Loop combination	Combination Spin	Forward Spiral Sequence
16	STAR 3	Flip	Loop-Loop Combination	Combination Spin	Forward Spiral Sequence
17	STAR 4	Axel	Lutz-Loop Combination	Combination Spin	Spiral Sequence
18	STAR 5	Axel	Jump Combination	Combination Spin	Spiral Sequence
19	Sr. Bronze	Axel	Jump Combination	Flying Spin	Spiral Sequence
20	Jr. Silver	Any Double Jump	Jump Combination	One Position Spin	Spiral Sequence
21	Sr. Silver	Any Double Jump (2Lo or higher)	Jump Combination	Flying Spin	*Bonus Element
22	Gold	Any Double Jump (2F or Higher)	Jump Combination	Flying Combination Spin	*Bonus Element
	Open** (Sr. Bronze or higher)	Any Double Jump	Jump Combination	Flying Spin	*Bonus element

*Bonus Element – Any jump or spin element not already performed.

**Open category may be used where there are not sufficient numbers to run separate Senior Bronze and above categories.

TEAM ELEMENTS

MAXIMUM TWO TEAMS PER CLUB

Note: Clubs are on their honour to ensure categories their skaters/teams are registered for are consistent with other events/invitationals their skaters have registered for or participated in.

Program Requirements & Event Procedures:

- Team Element events consist of progressive levels beginning at STAR 1 up to Gold/Open.
 - STAR 1 to STAR 3 – Assessed to Standard.
 - STAR 4- Gold/Open – Assessed to Standard with Ranking.
- Test Levels for entry to element events is consistent with Free Skate events.
- Teams must be comprised of 2 to 4 skaters.
- More than 50% of the team must have passed the required test for entry (i.e. 2 of 3 or 3 of 4).
- Each skater will perform one element. If a team consists of less than 4 skaters, no skater may perform any more than two elements.
- Elements will be skated in the order listed. The first element will be performed by every team in the event before the second element is performed, and so on.
- Each element may only be attempted once.
- All spin elements will be assessed as Base Level regardless of content.
- Background music may be played at low volume.

Warm Up Procedure - Five minute warm-up as follows:

- Announcer – Directs one-minute warm-up with the command:
“The following teams may take the ice for a one minute stroking only warm-up.” At the conclusion of the first minute, directs the skaters “Skaters – please return to the board in your teams.”
- Announcer directs warm-up of each element, one at a time by announcing as an example,
“Warm-Up” –name the first element i.e. “Waltz jump”. At the conclusion of one minute states,
“Warm-Up” –name the second element. At the conclusion of one minute, repeats process for the third and fourth elements.

Competition Procedure: Competition

- Announcer: At the conclusion of the Warm-up Period, announces “The Competition will begin.”
- Announcer announces the first element and then announces the team listed first in the Start Order and so on until start order is completed. Repeated until all elements have been completed one at a time by each Team in the order listed according to the Start Order.

TEAM ELEMENTS CATEGORIES

EVENT #	LEVEL	ELEMENT 1	ELEMENT 2	ELEMENT 3	ELEMENT 4
23	STAR 1	Waltz Jump	Salchow	Toe Loop	Forward Spiral Sequence
24	STAR 2	Loop	Waltz-Toe-Loop combination	Combination Spin	Forward Spiral Sequence
25	STAR 3	Flip	Loop-Loop Combination	Combination Spin	Forward Spiral Sequence
26	STAR 4	Axel	Lutz-Loop Combination	Combination Spin	Spiral Sequence
27	STAR 5 (passed Jr. Bronze Free)	Axel	Jump Combination	Combination Spin	Spiral Sequence

28	Sr. Bronze (passed Sr. Bronze Free)	Axel	Jump Combination	Flying Spin	Spiral Sequence
29	Open (must have passed Jr. Silver or higher)	Any Double Jump	Jump Combination (Must incl. one double)	Flying Spin or Flying Combination Spin	*Bonus element

*Bonus Element – Any jump or spin element not already performed.

COUPLES INTERPRETIVE

Background: Interpretive programs are designed by the skaters and/or coach and focus on the skater's ability to interpret music to create a clear mood/theme or create a story through skating movement. A variety of skating moves should be selected for their value in enhancing the skater's interpretation of the music rather than for their technical difficulty. Movements should not be merely a collection of pleasing or spectacular moves assembled to popular music for the purpose of entertaining an audience (exhibition/show program). Costumes should be simple and modest to enhance the interpretation and should not be theatrical in nature. Props of any kind are not permitted.

Program Requirements & Event Procedures:

Level – Pre Introductory and Introductory – Assessed to Standard

Level – Bronze, Silver and Gold – CPC Judging System

COUPLES INTERPRETIVE CATEGORIES

EVENT #	LEVEL	EVENT	Program Length (+/- 10 sec)
30	Pre-Introductory Interpretive Couples	Both skaters must not have passed any Skate Canada interpretive skating test.	One interpretive program maximum of 2:00 minutes in length
31	Introductory Interpretive Couples	At least one skater must have passed the Introductory Interpretive Singles test but no higher.	One interpretive program maximum of 2:00 minutes in length
32	Bronze Interpretive Couples	At least one skater must have passed the Bronze Interpretive Singles test but no higher.	One interpretive program maximum of 3:00 minutes in length
33	Silver Interpretive Couples	At least one skater must have passed the Silver Interpretive Singles test but no higher.	One interpretive program maximum of 3:00 minutes in length
34	Gold Interpretive Couples	At least one skater must have passed the Gold Interpretive Singles test.	One interpretive program maximum of 3:00 minutes in length

CREATIVE SKILLS

Background:

Creative Skating Skills are an opportunity for skaters to perform varying steps, turns, and field movements set to music. The focus is on the execution of the steps, turns and field movements in different combinations and sequences in patterns on the ice.

Program requirements & Event procedures:

Sanctioned by Skate Canada – Eastern Ontario

Revised – September 2015(3)

- Program length is 2 minutes maximum (all levels).
- Music must have a minimum tempo of 112 beats per minute
 - There must be a clear rhythmic beat.
 - Vocals are permitted.
 - Skaters are to provide their own music.
 - Skaters have the opportunity to incorporate 1-3 selections of music.
 - Music CD is to be clearly marked "Creative Skills"
- Three step sequences are required to be performed in the program: Straight Line, Circular, and Serpentine.

EVENT #	EVENT NAME	QUALIFICATIONS	REQUIREMENTS
35	Bronze Creative Skills	Must not have passed Junior Silver Skills.	<i>Refer to the Skate Canada Supplementary STARSkate Events – Program Requirements & CPC Event Procedures Package.</i>
36	Silver Creative Skills	Must not have passed Gold Skills.	
37	Gold Creative Skills	Must have passed Gold Skills Test.	

SOLO DANCE

Background: Pattern Dances are an opportunity for skaters to perform Pattern Dances in competition individually.

Program Requirements & Event Procedures:

- Events will consist of one pattern dance that is drawn and announced by Skate Canada annually.
- **Series 8 Dance music will be used for warm-up.** Skaters selecting music from the Skate Canada contemporary list, must provide their own copy at time of registration clearly marked with name of Dance being competed.
- Skaters will perform the number of sequences consistent with the minimum number required for evaluated tests.
- Men and Women **MUST** compete separately.
- Men's events will skate the men's steps.
- Event will be scored in CPC.

EVENT #	EVENT NAME	QUALIFICATIONS	DANCE TO BE SKATED
38	STAR 3	Must have passed the complete Preliminary Dance Test but not the complete Junior Bronze Dance Test.	Baby Blues (2 sequences)
39	Jr. Bronze Dance	Must have passed the complete Jr. Bronze Dance Test but no higher complete dance test.	Swing Dance (2 sequences)
40	Sr. Bronze Dance	Must have passed the complete Sr. Bronze Dance Test but no higher complete dance test.	Fourteen Step (3 sequences)
41	Jr. Silver Dance	Must have passed the complete Jr. Silver Dance Test but no higher complete dance test.	Rocker Foxtrot (3 sequences)
42	Sr. Silver Dance	Must have passed the complete Sr. Silver Dance Test but no higher complete dance test.	Blues (2 sequences)
43	Gold Dance	Must have passed one Gold Dance test.	Quickstep (3 sequences)

SHOWCASE PRODUCTION

Background: Showcase programs are designed by the skaters and/or coach and focus on the skater's ability to entertain an audience through the use of theatrics or artistic abilities. Programs may tell a story, create a mood or have an obvious theme. Showcase Production has been chosen as it affords the greatest number of skaters the opportunity to participate.

Costumes and props are permitted with the restrictions. Showcase events will be a Production event consisting of 5-12 skaters.

Program Requirements & Event Procedures:

Level – Introductory, Level 1 and Level 2 – Assessed to Standard.

Level – Level 3 – CPC Judging System.

EVENT #	NAME OF EVENT	QUALIFICATIONS	Program Length (+/- 10 sec.)
44	Introductory Showcase	CanSkate – skaters must have passed Stage 5.	2 minutes
45	Level 1 Showcase	Introductory up to and including Preliminary Freeskate.	2 minutes
46	Level 2 Showcase	Junior Bronze Freeskate or Senior Bronze Freeskate.	2.5 minutes
47	Level 3 Showcase	Junior Silver Freeskate or Gold Freeskate.	2.5 minutes

Program Content Requirements for ALL LEVELS

- Theatrical costumes and hand props are permitted. Feathers and boas of any type are not permitted.
- Vocal music is permitted.
- A maximum of 1 minute will be permitted prior to each performance for the skaters to warm-up and set-up any props as necessary.
- All single jumps are permitted. Jumps of any higher rotation will be subject to an illegal element violation if included.
- Production routines must have five or more skaters. All participants must wear skates.
- Program should not resemble a Synchronized Skating program. Use of team formations and manoeuvres should be limited.
- Lifts and throws of any kind are not permitted. Inclusion of such elements will be subject to an illegal element violation.

Assessment to Standard

- The panel shall be composed of three judges, one of which will be designated as the Referee.
- The panel will assess each program in three Program Components: Skating Skills, Performance/Execution, and interpretation.
- Standards are outlined in the **Skate Canada Supplementary STARSkate Events –Program Requirements & CPC Event Procedures**

CPC Judging

- The panel shall be composed of a minimum three to a maximum of five judges, one of which will be designated as the Referee.
- Judges are responsible for the assignment of three Program Components: (Skating Skills, Performance/Execution, and Interpretation) for every competitor.
- Guidelines for assigning these scores are outlined in **Skate Canada Supplementary STARSkate Events –Program Requirements & CPC Event Procedures.**

REGION IV INTERCLUB January 23-24, 2016

REGISTRATION FORM

SKATER INFORMATION			
Skater's Name		Skate Canada Number	
Gender		Eligibility Information (highest freeskate/dance/badge level passed of as of November 15, 2015)	
Date of Birth (m/d/yr)			
Home Club		FreeSkate	
Coach's Name		Dance	
Coach's Email		Skills	
<div style="border: 1px solid black; padding: 5px; text-align: center;"> Event Selection – ONE ENTRY FORM PER SKATER Place an X to select an event </div>		Interpretive	
		Badge Level	

Event #	Event	x	Cost /Skater	Partner / Team Name	Event #	Event	x	Cost /Skater	Partner/Team Name
CanSkate Elements					Creative Skills				
1	Stage 3				35	Bronze			
2	Stage 4				36	Silver			
3	Stage 5				37	Gold			
4	Stage 6 Figure				Couples Interpretive				
STAR Singles					30	Pre Introductory			
5	STAR 1				31	Introductory			
6	STAR 2				32	Bronze			
7	STAR 3				33	Silver			
8	STAR 4 GIRLS U10				34	Gold			
9	STAR 4 BOYS U10				Showcase Production (Include Title)				
10	STAR 4 GIRLS U13				44	Introductory			
11	STAR 4 BOYS U13				45	Level 1			
12	STAR 4 GIRLS 13+				46	Level 2			
13	STAR 4 BOYS 13+			47	Level 3				

Event #	Event	x	Cost /Skater	Partner / Team Name	Event #	Event	x	Cost /Skater	Partner/Team Name
Team Elements					Individual Elements				
23	STAR 1				14	STAR 1			
24	STAR 2				15	STAR 2			
25	STAR 3				16	STAR 3			
26	STAR 4				17	STAR 4			
27	STAR 5				18	STAR 5			
28	Sr. Bronze				19	Sr. Bronze			
29	Open				20	Jr. Silver			
Solo Dance (Series 8 provided by Host Club) Check here if using Series 8					21	Sr. Silver			
38	STAR 3			<input type="checkbox"/>	22	Gold			
39	Jr. Bronze			<input type="checkbox"/>		TOTAL PAYMENT		\$	
40	Sr. Bronze			<input type="checkbox"/>	<p style="text-align: center;">Cheques made payable to your home club. Each club will submit one cheque for the total amount of entries for their entire club. (Made payable to <i>“Winchester Skating Club”</i>)</p>				
41	Jr. Silver			<input type="checkbox"/>					
42	Sr. Silver			<input type="checkbox"/>					
43	Gold			<input type="checkbox"/>					
Please check if using Contemporary <input type="checkbox"/>									
NOTE: Skater must provide Contemporary Dance music									

“Winchester Skating Club” may use photos for publicity, such as the website to generate awareness of our sport and acknowledge skater’s achievements.

Unless you circle OPT-OUT, we may include the skater’s name and image. **OPT-OUT**

Parent / Guardian Signature _____