

PFSC October 2017 Schedule

			Saturday, October 1, 2016		
			9:30 - 10:00 am	Pre Canskate	
			9:30 - 10:20 am	Canskate	
Monday, October 2, 2017		Wednesday, October 4, 2017		Friday, October 6, 2017	
4:00 – 5:20pm	STAR	4:00 – 5:20pm	STAR	4:00 – 5:20pm	Senior
5:20 - 5:30pm	FLOOD	5:20 - 5:30pm	FLOOD	5:20 - 5:30pm	FLOOD
5:30 – 6:50pm	Senior	5:30 – 6:50pm	Senior	5:30 – 6:50pm	STAR
Monday, October 9, 2017		Wednesday, October 11, 2017		Friday, October 13, 2017	
5:00-5:15 pm	STAR Skills Group Lesson	4:30 - 4:45 pm	STAR Dance	4:00 - 4:15 pm	Senior Dance
5:15- 5:30 pm	STAR Dance	4:45 - 5:40 pm	STAR Free Skate	4:15 - 5:00 pm	Senior Free Skate
5:30-6:05 pm	STAR Free Skate	5:35 - 6:00 pm	STAR Elements Group/Conditioning	5:00 - 5:35 pm	Star 1-5 - Free Skate
6:05-6:15 pm	Flood	6:00 - 6:10 pm	Flood	5:35 - 5:50 pm	Star 1-5 Dance Group/Conditioning
6:15-6:45 pm	Pre- CanSkate	6:10 - 6:40 pm	Pre-Canskate		
6:15-7:05 pm	CanSkate	6:10 - 7:00 pm	CanSkate		
7:05- 7:15 pm	Senior Conditioning	7:00 - 7:10 pm	Senior - Conditioning		
7:15-7:30 pm	Senior – Dance	7:10 - 7:25 pm	Senior Dance		
7:30-8:20 pm	Senior – Free Skate	7:25 - 8:20 pm	Senior - Free Skate		
Monday, October 16, 2017		Wednesday, October 18, 2017		Friday, October 20, 2017	
5:00-5:15 pm	STAR Skills Group Lesson	4:30 - 4:45 pm	STAR Dance	4:00 - 4:15 pm	Senior Dance
5:15- 5:30 pm	STAR Dance	4:45 - 5:40 pm	STAR Free Skate	4:15 - 5:00 pm	Senior Free Skate
5:30-6:05 pm	STAR Free Skate	5:35 - 6:00 pm	STAR Elements Group/Conditioning	5:00 - 5:35 pm	Star 1-5 - Free Skate
6:05-6:15 pm	Flood	6:00 - 6:10 pm	Flood	5:35 - 5:50 pm	Star 1-5 Dance Group/Conditioning
6:15-6:45 pm	Pre- CanSkate	6:10 - 6:40 pm	Pre-Canskate		
6:15-7:05 pm	CanSkate	6:10 - 7:00 pm	CanSkate		
7:05- 7:15 pm	Senior Conditioning	7:00 - 7:10 pm	Senior - Conditioning		
7:15-7:30 pm	Senior – Dance/Skills	7:10 - 7:25 pm	Senior Dance		
7:30-8:20 pm	Senior – Free Skate	7:25 - 8:20 pm	Senior - Free Skate		
Monday, October 23, 2017		Wednesday, October 25, 2017		Friday, October 27, 2017	
5:00-5:15 pm	STAR Skills Group Lesson	4:30 - 4:45 pm	STAR Dance	4:00 - 4:15 pm	Senior Dance
5:15- 5:30 pm	STAR Dance	4:45 - 5:40 pm	STAR Free Skate	4:15 - 4:55 pm	Senior Free Skate
5:30-6:05 pm	STAR Free Skate	5:35 - 6:00 pm	STAR Elements Group/Conditioning	4:55 - 5:20 pm	Senior & Star 1-5 - Free Skate
6:05-6:15 pm	Flood	6:00 - 6:10 pm	Flood	5:20 - 5:50 pm	Star 1-5 Dance Group/Conditioning
6:15-6:45 pm	Pre- CanSkate	6:10 - 6:40 pm	Pre-Canskate		
6:15-7:05 pm	CanSkate	6:10 - 7:00 pm	CanSkate		
7:05- 7:15 pm	Senior Conditioning	7:00 - 7:10 pm	Senior - Conditioning		
7:15-7:30 pm	Senior – Dance/Skills	7:10 - 7:25 pm	Senior Dance		
7:30-8:20 pm	Senior – Free Skate	7:25 - 8:20 pm	Senior - Free Skate		
Monday, October 30, 2017		<div style="border: 1px solid black; padding: 10px; display: inline-block;"> Skaters are encouraged to wear ice appropriate Halloween costumes <u>Saturday October 28</u> <u>and Monday October 30!</u> </div> 			
5:00-5:15 pm	STAR Skills Group Lesson				
5:15- 5:30 pm	STAR Dance				
5:30-6:05 pm	STAR Free Skate				
6:05-6:15 pm	Flood				
6:15-6:45 pm	Pre- CanSkate				
6:15-7:05 pm	CanSkate				
7:05- 7:15 pm	Senior Conditioning				
7:15-7:30 pm	Senior – Dance/Skills				
7:30-8:20 pm	Senior – Free Skate				